

How Great Teachers & Coaches Get it Done Part II



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**Interviewed 3 peers and
asked the question:**



**What differentiates
your
great lessons
from
average
lessons?**



**Delivering a
Great Lesson**

opening a lesson

- Critical moment
- First impressions are lasting impressions
 - Perceptions of competence occur in the first 2 seconds.
- Sets tone for lesson



opening the lesson



- Greetings and getting comfortable
- Interviewing players:
 - a. -Identify needs/interests
 - b. -Determine how they learn
 - c. -Accept answers to promote future interaction

analyzing performance

- Cure CAUSES not *SYMPTOMS*.
- What they do well
- SINGLE MOST IMPORTANT ELEMENT THAT WILL IMPROVE PERFORMANCE

set goals--focus practice

- Set goals
 - Limit the number of goals (1-3)
 - Use player input
- Practice with a stated PURPOSE

providing information

- ✓ Focused on goal
- ✓ Teach less information, but thoroughly
- ✓ “If I call you in 2 weeks, what do I want you to remember?”



teach less more thoroughly

- Many ways to make a single point.

- Explanation
- Metaphor
- Demonstration
- Training Aid
- Video
- Read
- Peer-Teach
- Self-Teach



the critical closing

- Summarize main points
- Check For Understanding
- Highlight success
- Practice activities



Giving Great Lessons: How Golf's Best Get It Done

1. Opening a lesson
2. Analyzing performance
3. Setting goals and focusing the lesson
4. Providing information
5. Closing a lesson
6. Evaluating the lesson



PARIS 2024





WEDNESDAY DECEMBER 13 2PM (SCY)

800 (50 FR + 50 IMO DRILL)
24 x 50 [K] 3-(50) (MOD), 3-(40) (FAST)
6 x 150 [P.B. P.A.D. 8] 2-(155), 2-(145), 2-(135)
20 x 25 (30) (1-DRILL, 1-BUILD, 1-DRILL, 1-FAST)

3x
1x 200 (230)
1x 150 (2) RD#2 RD#3
1x 50 (40) (45) (50)
1x 150 (145)
1x 100 (105)
2x 50 (40) (45) (50)
1x 100 (1)
3x 50 (40) (45) (50)

ALL DO FREE

RD#1 - GOING 400-500 SPMS

RD#2 - FASTER

RD#3 - BEST YOU CAN DO!

20 x 25 (20) (3 · 2 · 1 · 0 BREATHS FOR 25)

7.0

"We cannot choose our external circumstances,
but we can always choose how we respond to them."

- Epictetus

#PARIS2024

#doyourwork



PLANNING TIME

EXPERT

NOVICE

20

40

60

80

100



Experts. . .

- Gather information
- Assess player
- Set goal
- Select actions
- Acquire or adapt resources
- Set contingencies

The background image shows three golf bags on a grassy field. The bag on the left is white and black with 'ping' and 'Maja Ström' written on it. The bag in the middle is dark with a white club head cover. The bag on the right is white and blue with 'LINNEA STRÖM' and a Swedish flag on it. A semi-transparent blue rectangle with a thin gold border is overlaid in the center, containing the text.

MAKING GREAT DECISIONS

- Analytic Decisions
- Intuitive Decisions

PROBLEM SOLVING

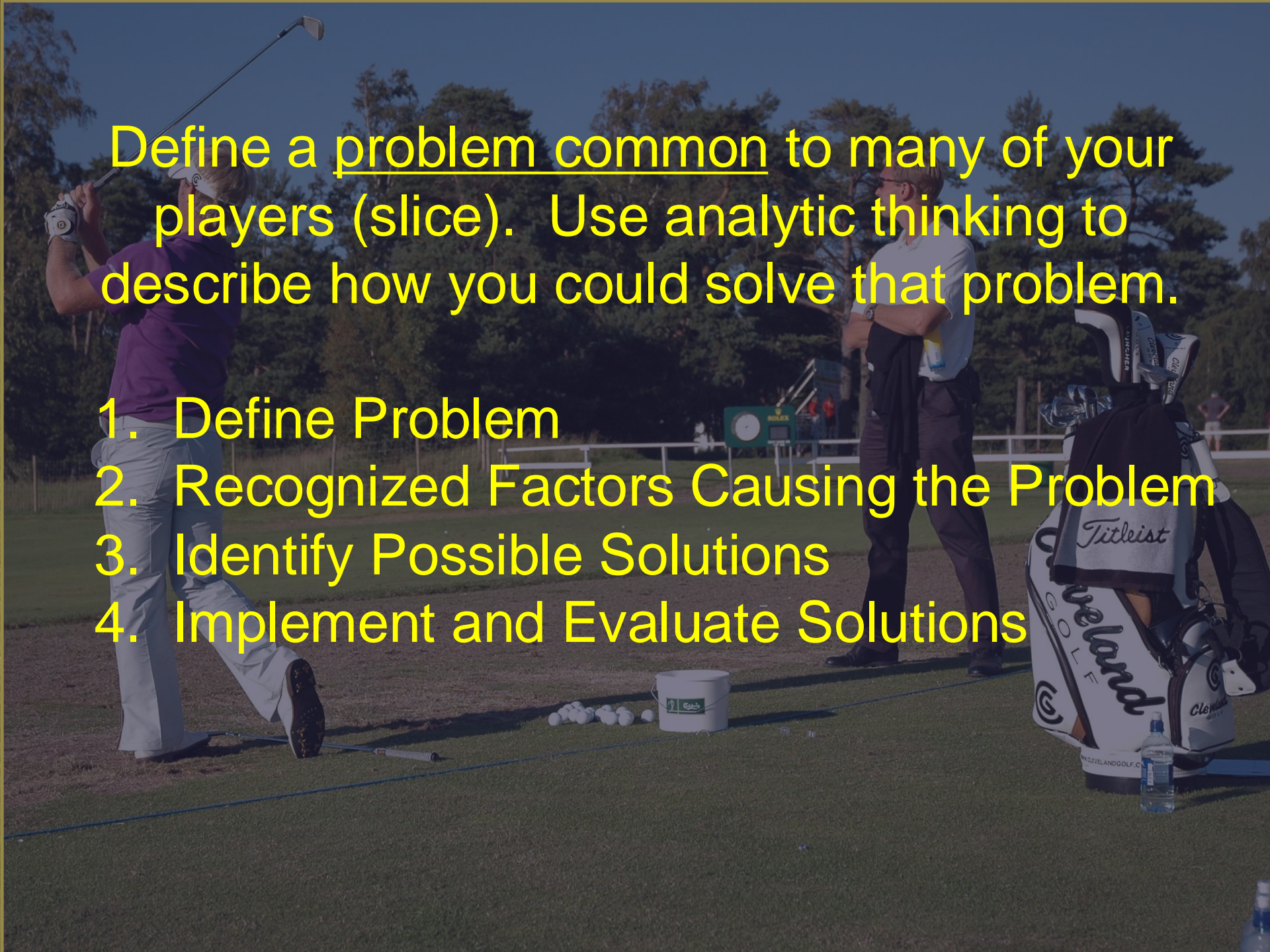


Implement & evaluate solutions

Identify possible solutions*

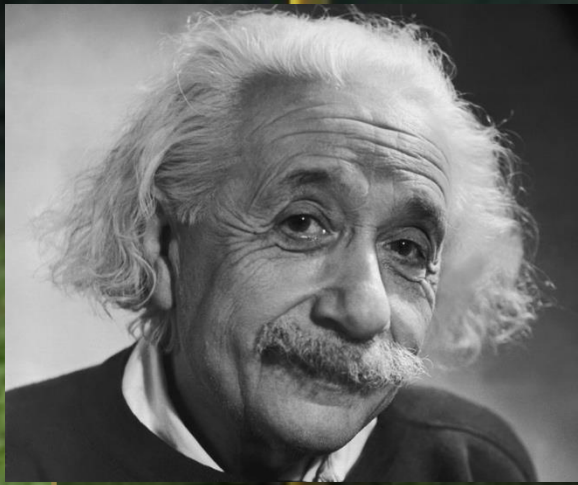
Recognize factors causing problem

Define problem*



Define a problem common to many of your players (slice). Use analytic thinking to describe how you could solve that problem.

1. Define Problem
2. Recognized Factors Causing the Problem
3. Identify Possible Solutions
4. Implement and Evaluate Solutions



The intuitive mind is a sacred gift
and the rational mind is a faithful
servant. We have created a
society that honors the servant
and has forgotten the gift.

- *Albert Einstein*

THINKING,
FAST AND SLOW



DANIEL
KAHNEMAN

WINNER OF THE NOBEL PRIZE IN ECONOMICS

Intuition requires:

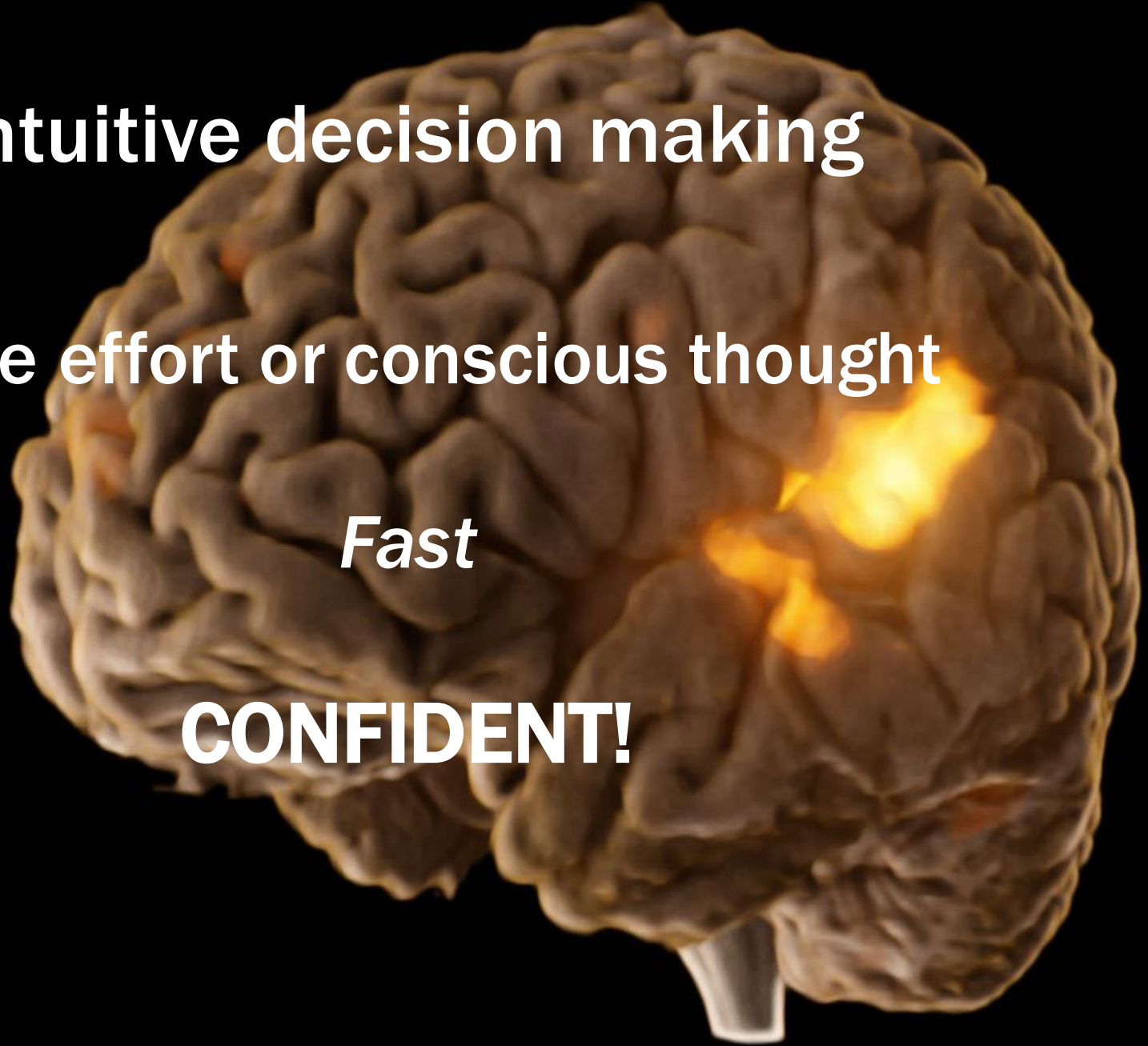
1. Regular order (e.g., chess)
2. “lots of practice”
(experience)
3. “immediate feedback”
(know immediately if you got it
right or wrong)

Intuitive decision making

Little effort or conscious thought

Fast

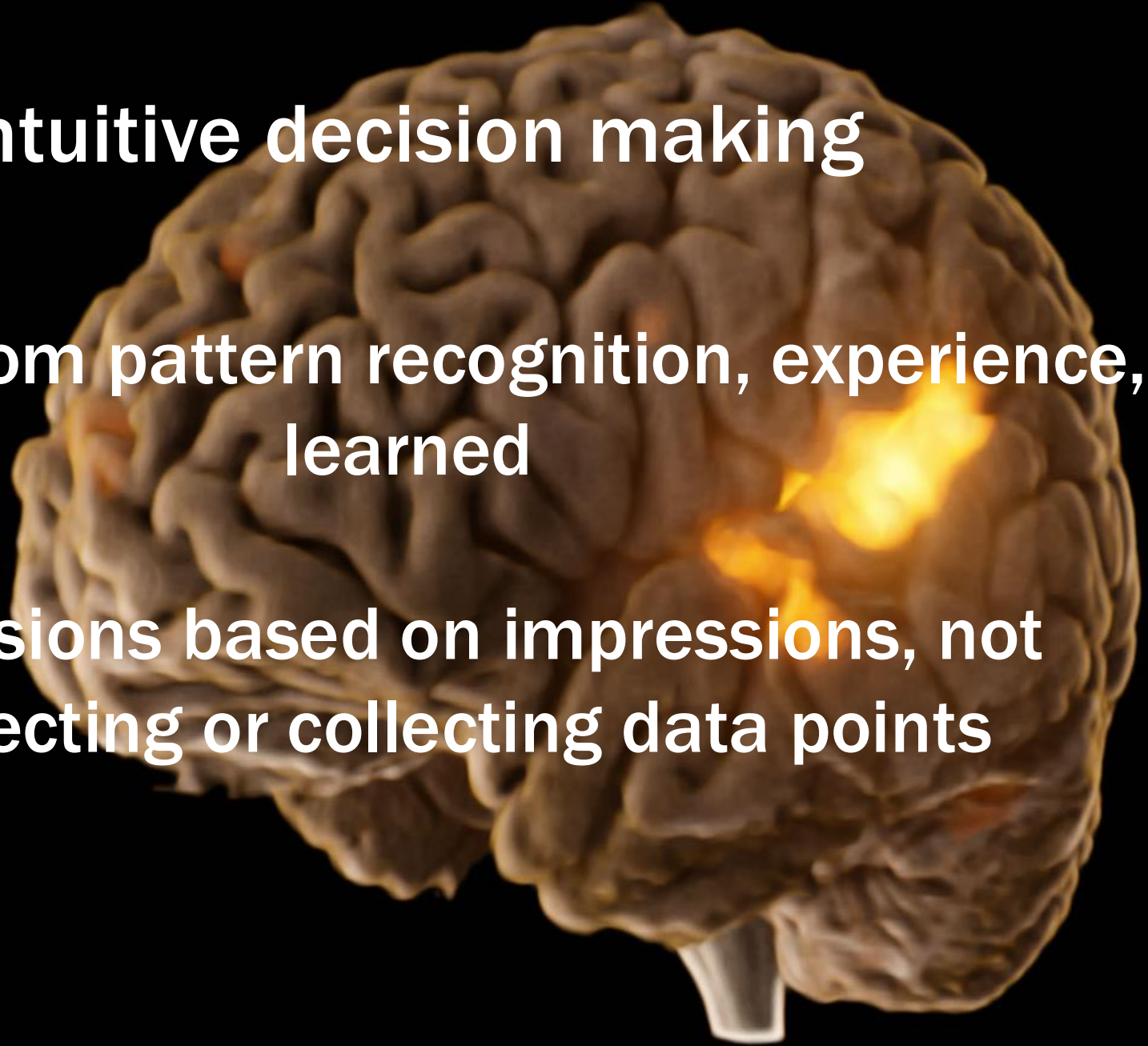
CONFIDENT!



Intuitive decision making

**Results from pattern recognition, experience,
learned**

**Conclusions based on impressions, not
connecting or collecting data points**



I *think* I can
make this putt

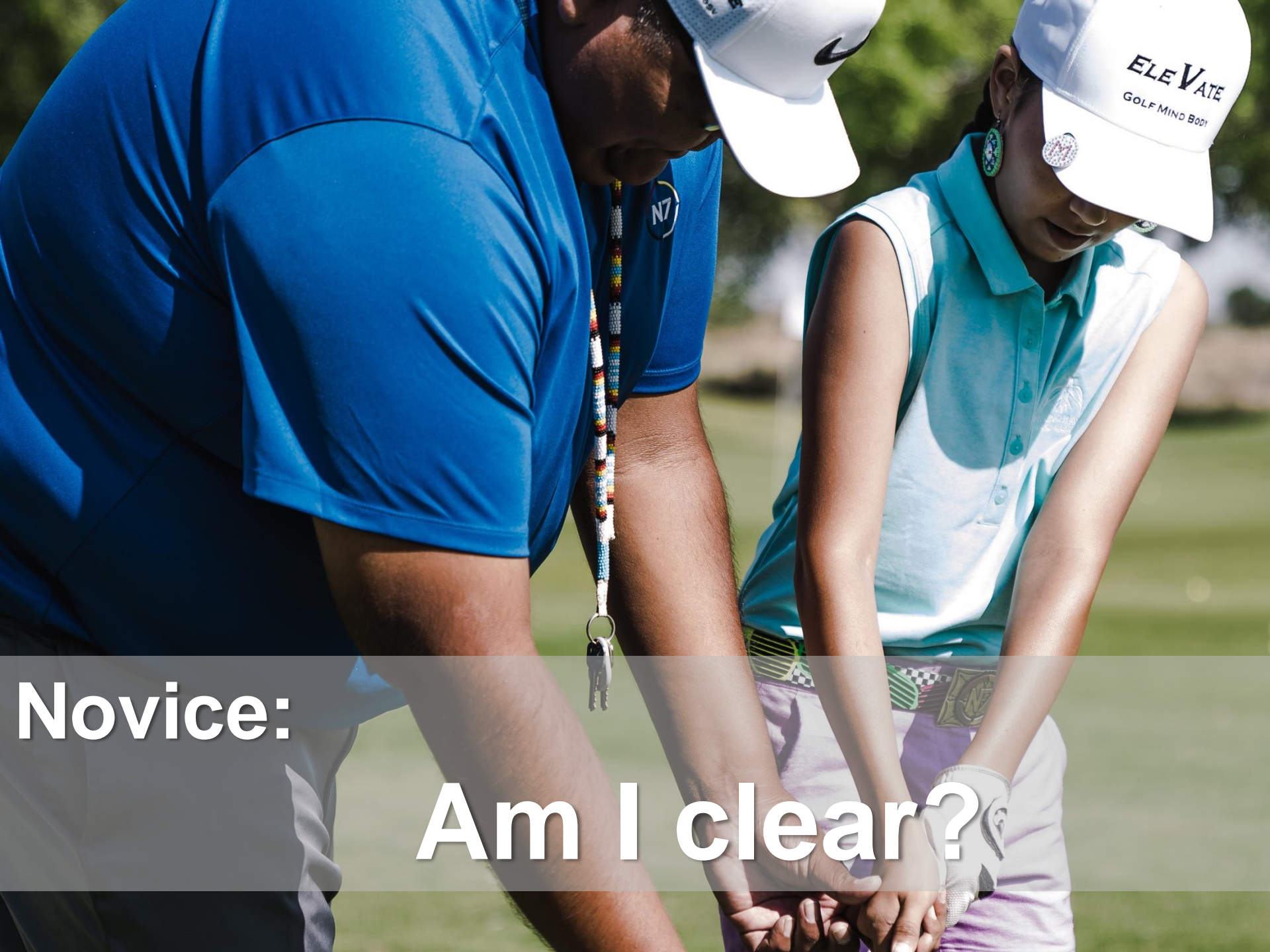


I *feel* I can
make this putt



COMMUNICATE





Novice:

Am I clear?



Novice:

- Too much information
- Too much talking time
- One Method



Competent:
Do they
understand?



Competent:

- Few important points
- Many ways
- Check-for-understanding

Expert:
Do they own it?



Greater number & range Relationship behaviors



- Eye contact
- Personal questions
- Reveal personal information
- Extensive questions
- Listen

"The road to success is always under construction."

-Arnold Palmer



Continuous Growth



Self-Monitor

- 1. Predict their most challenging problems**
- 2. Take responsibility for failure**
- 3. Understand why they failed**

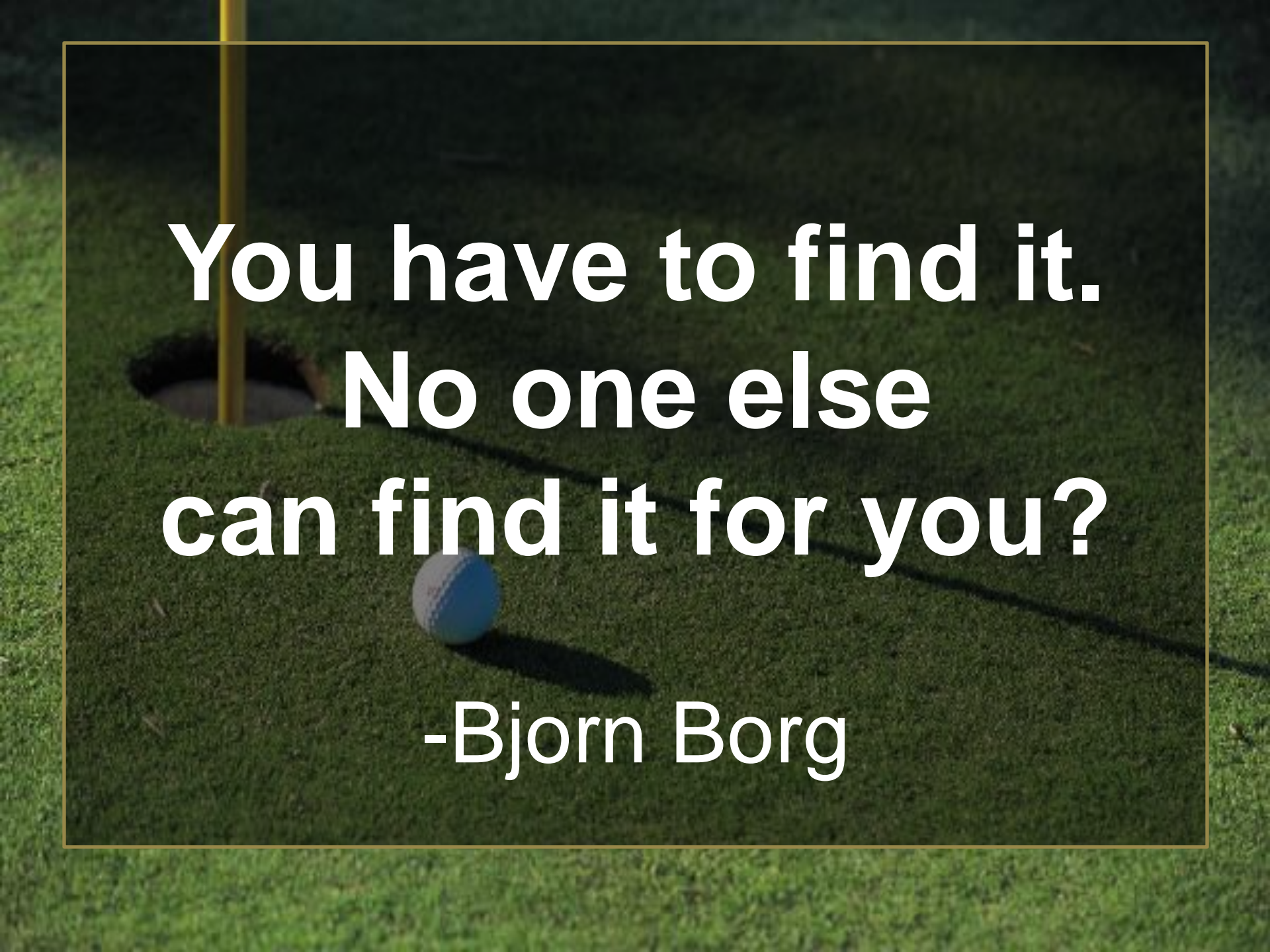


Learn from Experience

1. What did I do well?
2. What can improve?
3. How do I improve?

Rate your skills

- 
1. _____ **Planning for Success**
2. _____ **Delivering a Great Lesson**
3. _____ **Decision Making**
4. _____ **Communication**
5. _____ **Self-Monitoring**
6. _____ **Continuous Growth**

A close-up photograph of a golf green. A yellow flagstick is in a hole in the background. A white golf ball is on the grass in the foreground. The text is overlaid on the image.

**You have to find it.
No one else
can find it for you?**

-Bjorn Borg